

# Section One - Service in guiding

This section, at first glance, looked deceptively easy to complete. It's a good one to start with straight away, as you can build up your 60 hours quite quickly (my unit's three day unit holiday counted as my 20 hour activity). At this unit holiday, I also completed Element Two - I was First Aider for the first time ever on our holiday.

Organising and running our District Brownie Revels (including Guides and Rainbows too) was a fantastic opportunity and also counted for Element Three. So far, so good.

Now for Element Four...this element appears to be notoriously tricky to find opportunities for. As such, this is one part I would start looking at straight away so that you aren't left desperately trying to find an opportunity when your three years is coming to an end.

I was lucky enough to visit Hautbois Activity Centre for a weekend of "Action and Adventure" for my Element Four, which incorporated physical activities with peer work and much discussion of our opinions and how we would like guiding to move forward.

It was fantastic to meet so many new people and hear that a lot of our opinions were the same! The event was run by Region Advisors which meant that we could directly feedback to them and have our voices heard. I then created a newsletter and visited my local units to inform them of the weekend and to promote making their voices heard.