

# Section Three - Personal skill development

Now, this was one of those sections which took me out of my lovely, safe comfort zone, I didn't expect it to, but alas I was "sew" wrong! (Read on to understand the pun).

I decided to take up sewing as my skill. Now, I had always thought myself something of a Jack-of-all-trades, but boy did this prove me wrong! I found this skill very tricky indeed and took quite a few blows to my confidence from it. However, despite all of the pricked fingers and frustration at using the wrong foot to try and put in a zip, this was a very important thing for me to learn: I am not naturally good at everything. I will struggle. And that's okay. Now as somewhat of a perfectionist, this was a difficult concept for me to get my head around; spending a year persevering, not giving up (although there were times I wanted to) and understanding what it's like to just not quite get something, had an enormous impact on me. It taught me empathy with my Brownies who still couldn't quite complete the craft even though you've shown them ten times, patience with others and being patient with myself and it being perfectly okay to not be amazing at everything. (This section taught me an awful lot more than I was ever expecting to learn).