

BRINGING

YOU



TO

US

**GIRLGUIDING  
BEDFORDSHIRE**



# How does it work?

**Bring a friend to guides night** is a renowned way of gaining new girls to join your unit. The aim of this activity pack is to run a **Bringing You To Us** event, but with adults and hopefully we will be able to recruit our long sought after volunteers!

You are challenged to hold an evening where each girl invites an adult to experience Girlguiding. The adult could be anyone; a mother, friend, cousin... (Preferably female) All you need to do is hold an evening and pick one activity from each section **I Can**, **We Can**, **The Team Can** and **Shout About It!**

Also in the evening you should include some form of recruitment communication to the adults e.g. give them a leaflet/ show them a presentation (see the section in **Shout About It!**). You could hold your meeting with one or more other units if that helps with having sufficient adults.

We are looking for adults to fill a variety of roles - they do not all need to be the unit leader. When inviting the adults to your unit please enforce that they could help our movement in a whole range of ways. Roles other than unit leader could include:

- Assistant leader
- Unit helper
- Occasional helper e.g. at residential or large scale events
- Finances
- Trainer...

Please note, the adults invited to your **Bringing You To Us** event do not need to be female. The girls can bring anyone from a sibling to a family friend. As leaders, why not try to bring someone along too?

## How to get your FREE badges

A huge part of **Bringing You To Us** is raising awareness of Girlguiding! Once you have held your evening by picking one (or more) activity from each section, you can get your badges by submitting up to three best photos of your evening and a short paragraph about what you did to: [pr@bedsguiding.org.uk](mailto:pr@bedsguiding.org.uk)

You will need to include:

- Your unit name
- Where you held your evening
- How many adults attended
- How many adults showed interest in becoming a member of Girlguiding
- How many badges you need
- Where the badges need to be sent



Once the information has been received by the publicity team you will be sent this badge (one for every member of the unit).

# What's this activity pack all about?

## Bringing You to Us

This activity pack is full of ideas that can be used to raise awareness of Girlguiding, and help you increase our number of much needed volunteers. The activities have been chosen to enable the girls to look at themselves and their role within teams, through a variety of games and crafts. There's also lots of useful resources to help you get leaders in!

The pack is split into four sections, and the aim is to complete one activity or more from each section within one evening. For

each activity there are explanations of what materials you will need and what you need to do. The 'take it further' and 'team talk' sections are optional. The four sections are shown below.

## Activity sheets...

You can adapt any of the activities to fit your unit, or if you have any other ideas that support the development of the girls as individuals or as part of a team then go ahead!

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# I Can

The activities within this section have been chosen to enable the girls to look at themselves and their roles within a team. Everyone on a team plays a different role, depending on their strengths - and by helping and encouraging each other, you can make some inspiring things happen. Discover your own strengths with these great activities and grow as a team player!

Whilst the girls are doing these activities, you can talk to the adults about opportunities within Girlguiding - please see the [Shout About It!](#) section for the resources.

## My Favourite Things

**It will take: 10-15 minutes.**  
**For: Rainbows and Brownies**

### You will need

- Print off of activity sheet from page 17
- Felt tip pens/ pencils

### What to do

Give each girl the activity sheet and ask them to fill it in about themselves, either by using words or pictures.

### Take it further

Once they have filled in the activity sheet ask the girls to find other people who like the same things.

### Team talk

What did the girls have in common with others? Was there anything that only they liked? Everyone is different, and that is what makes them special.



## Flower Power

**It will take: 10-15 minutes.**  
**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- Print off of activity sheet from page 18
- Paper
- Felt tip pens/ pencils
- Scissors
- Sellotape

### What to do

Give each girl paper and pens, ask them to draw a small circle in the centre of the page and write 'me' in it. They can then draw petals around the circle to create a flower. Or use the template on page... Within each petal ask them to write an aspect of their personality or things they're good at, for example 'helpful', 'creative,' 'drawing' or 'singing'. This will enable the girls to think about themselves and what their strengths are.

### Take it further

Once they have filled in each petal, ask them to cut out their flower, cutting each petal separately. Ask them to then swap their petals with other members of the unit, picking personality traits that they could work on. Each girl should end up with a flower filled with things that they aim to improve.

### Team talk

What was the most common personality trait on everyone's flowers? What is everyone aiming to improve? Discussing what everyone wants to achieve will mean that everyone can help each other achieve their aims.



## Only Fingers in the World

**It will take: 10-15 minutes.**  
**For: Rainbows and Brownies**

### You will need

- Print off of activity sheet from page 19
- piece of paper
- Pencils
- Small scraps of paper
- (String)

### What to do

Rub a pencil roughly on a scrap of paper to make a square. Roll your fingertips in the square, then gently press them on the activity sheet/piece of paper.

### Take it further

Take fingerprint samples from your friends. How different do they look?

They could make a string collage based on the patterns you find.



## Time for Tea

It will take: 15 minutes.

For: Rainbows, Brownies, Guides, Rangers

### You will need

- Tea
- Coffee
- Milk
- Sugar
- Hot water
- Squash (in case adults don't like tea or coffee)
- Biscuits/ cupcakes
- Icing

### What to do

Ask each girl to make their adult a cup of tea or coffee and decorate a biscuit/cupcake for them.

As they have invited the adults as a guest to experience what Girlguiding is about, let's make them feel welcome.



## Create a Coat of Arms

It will take: 15 minutes.

For: Rainbows, Brownies, Guides, Rangers

### You will need

- Print off of activity sheet from page 20
- Felt tip pens/ pencils
- Paper/ card
- Template

### What to do

Give each girl a piece of card and a shield template. Ask them to draw around the template and cut out their shield. Draw quarters on it and then design their own coat of arms, by drawing pictures about their homes and families, and what they are good at.

### Take it further

You could ask the girls to find out about the mottos and coats of arms of famous families. Alternatively they could come up with their own mottos.

### Team talk

What did the girls' coat of arms have in common with others? Was there anything that only they liked? Everyone is different, and that is what makes them special.



## Post-it positivity

It will take: 15 minutes.

For: Guides and Rangers

### You will need

- Felt tip pens/ pencils
- Sticky notes
- Paper

### What to do

Give each girl a pack of post-it notes, and ask them to write positive things about other members of the unit. Each time they write something ask them to stick the post-it on that girl. At the end of the activity every girl should have post-its on

them describing positive aspects of their personality, or positive things they have done.

The girls can then stick all of the post-its onto a piece of paper and keep a record of all of the lovely things others think about them.

### Team talk

Did the girls expect the things that the notes said? Is there anything missing that they could improve on?



## For the Visiting Adults

It will take: 10-15 minutes.

For: Guides and Rangers

### You will need (optional)

- Volunteering materials - see **Shout About It!** section
- Discover Girlguiding presentation
- Laptop, projector etc...

Please see the **Shout About It!** section for helpful resources. Or any of the 'Connect With Me' activities from the WAGGGS World Thinking Day 2016 pack called **Connect**.

### What to do

If you have sufficient leaders ask your adult visitors to join you in a different room to discuss volunteering options. You can do this in a variety of ways from talking positively about what you do and what you get out of it, asking them to talk positively about Girlguiding in the community whenever they get the opportunity, or if they'd like to get involved or know someone who would like to get involved to talk to you that evening.



# We Can

The activities within this section have been chosen for the girls to work with the adult that they have brought along - this will enable the adults to get an experience of different roles within Girlguiding, and for the girls to show them what our movement is all about.

## Magic Mirror

**It will take: 5 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- Just yourself and your pair

### What to do

Stand face to face with your partner. The objective of this game is to make your partner laugh. You get a point every time you achieve this. You can pull faces, smile, sulk, wiggle your

ears, but whatever you do, your partner must mirror your actions. See how long you can do this without giggling.

### Take it further

You could make this a competition across the whole unit.

Who can keep a straight face the longest?



## We Come in Pairs

**It will take: 5 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- Paper
- Felt tip pens/ pencils

### What to do

Ask the girls and their partners to list as many things that come in pairs as possible, for example a pair of shorts, a pair of spectacles, a pair of scissors or a pair of jeans. They get one point for every pair that is correct and two points if they have a pair that no one else has.

### Team talk

By doing this with another person did the girls get more pairs than they would have thought of themselves?

By working together, we can achieve more.



## Three Legged Race

**It will take: 5 minutes.**

**For: Rainbows and Brownies**

### You will need

- A scarf for each pair

### What to do

The girl and her partner use a scarf to tie the girl's left leg to her partner's right leg just above their ankles. The pairs then race each other to a finish line trying not to fall over. Winners have to work as a team to get the best speed.

### Take it further

Why not go outside of the meeting place to race - do you have an outdoor space where the girls could do this?

### Team talk

Why did the winning pair win? Was it that they communicated effectively?

By ensuring that we communicate with one another our end goal is easier to achieve.



## Balloon Race

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**It will take: 5 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- At least one balloon per pair
- Objects that could create an obstacle race, for example cones, hula hoops or just chairs

### What to do

The girls with their partner compete against other teams of two. They each have a balloon which they have to grip between their bodies and are not allowed to use their hands. They have to get from one end of your meeting place to the other without dropping the balloon or bursting it. Winners are the ones to complete this first.

### Take it further

Instead of just racing in a straight line, get the girls to race around an obstacle course.

### Team Talk

Why did the winning pair win? Was it that they communicated effectively?

By ensuring that we communicate with one another our end goal is easier to achieve.



## Lego Challenge

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**It will take: 10-15 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- Lego

### What to do

The girl and their partner sit back to back. One of the pair creates a simple structure out of Lego and then has to explain to their partner how to make the same structure. Once the other person thinks they have finished they can turn around and see whether the two structures are the same. Once achieved, they swap over and repeat the process.

### Team Talk

Were the structures the same? If they were, what do you think achieved this?

If not, what could you do differently if you did the exercise again?



## Blindfold Challenge

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**It will take: 10-15 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- Blindfold per pair
- Objects for a simple task, for example plastic cups and a tennis ball or a hula-hoop

### What to do

One person in the pair is blindfolded. Their partner then needs to explain to them how to do a simple task such as putting a ball in a particular plastic cup or climbing through a hula-hoop. Once achieved, they swap over and repeat the process.

### Take it further

Could you get your pair to do something more complicated such as doing dance moves or an obstacle race?

### Team talk

How long did it take for your pair to complete the challenge?

What did you do well and what could you do differently if you did the exercise again?



# Draw a Picture

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It will take: 10-15 minutes.

For: Rainbows, Brownies, Guides, Rangers

## You will need

- Felt tip pens/ pencils
- Paper

## What to do

In this activity the girls work with their partner. The first girl draws a head and folds the page over so it cannot be seen. She passes the page to her partner who draws a body and arms to the waist. They fold this down and pass it back.

The first girl draws the hips and legs to the ankles and again folds the page down and passes it back for their partner to draw the feet.

When the page is opened a very silly person appears and should cause much amusement. These can be passed around for comment.

## Take it further

Ask the girls and their partners to come up with a name and a story.

## Team talk

Whilst deciding this did either of you stand out as a leader?  
Did each member of the pair feel that they were able to contribute?



Or use any of the 'Connect With Friends' activities from the WAGGGS World Thinking Day 2016 pack called Connect.



# The Team Can

The activities within this section have been chosen so that all of the girls can work with each other and implement their newly gained skills in a team environment.

Whilst the girls are doing these activities, you can talk to the adults about opportunities within Girlguiding- please see the **Shout About It** section for the resources.

## Make a Monster

**It will take: 15-20 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- An outdoor space with access to leaves, stones and grasses etc...
- A large sheet of paper or a tray
- A set of numbered instructions (1-8)

### What to do

In groups of 6 (made up of either girls or adults) they number themselves 1-6. The leader calls up the number 1s and they are shown the first instructions to make a Monster from the natural items.

That person goes back to their group and tells them what is needed. They all go off to find out what they need and lay it on the paper or tray. The next person then goes to the leader for the next instructions and so on until all instructions have been completed.

1. The Monster's body is a large leaf with 6 white stones (spots) on it
2. The tail is a stick with 8 blades of grass (spikes) attached
3. The legs are 4 small leaves each with 2 dark stones as toes
4. Find something round for the head and seeds or small stones for eyes and ears
5. It has 2 wings with 3 colourful stones (spots) on each
6. At the end of the tail is a flower
7. The mouth has flames coming from it
8. Give it a name

When everyone has finished the teams compare their Monsters.

### Team talk

What were the similarities and differences?

How were the instructions interpreted differently?



## Tied up in Knots

**It will take: 5 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### What you will need

Nothing!

### What to do

Stand in a circle in a group of 6 or as the entire unit. Every person should reach out with their left hand and hold the hand of someone else in the group. Now do the same with your right hand - you should be holding hands with two different people. Now for the challenge - try to make a circle again without letting go of each other's hands!

### Team talk

How difficult was it to reform the circle? Did you have a plan as a team and did everyone get a chance to put forward a solution?

Discussing your plans or ideas as a team and inviting everyone to give their thoughts and suggestions for how they might improve it will make your end goal much easier to achieve.





# Attitude Problem

It will take: 20 minutes.

For: Rainbows, Brownies, Guides, Rangers

## You will need

- 12 pieces of card/strips of paper
- Felt tip pens/ pencils
- A bag to put the paper strips in

## What to do

A positive and enthusiastic attitude is really important for keeping your teammates spirits up when things aren't going great. Have a laugh with this activity and see what impact positive and negative attitudes can have on a team.

Begin by writing out the examples of different types of attitudes below on pieces of card or strips of paper, for example:

### Positive attitudes

Confident  
Good listener  
Motivated  
Enthusiastic  
Supportive  
Creative

### Needs improving

Aggressive  
Boastful  
Sarcastic  
Grumpy  
Lazy  
Bored

Put the attitude cards or strips of paper in a bag and shake them about. Everyone in your group needs to pick an attitude card from the bag. Next, choose one of the following scenarios, or make up one of your own.

- While travelling back from camp your bus gets a puncture, which will take two hours to fix. Everyone is tired and hungry.
- You are trying to arrange group cooking time for next week and can't decide what to make.
- You are getting ready for a big party and one of your group has a huge spot on her nose.

Now you are going to act out your scenario with everyone taking on the attitude they chose from the bag earlier. Keep it up for a few minutes, then put the strips back in the bag and choose another one each, then act out another scenario.

## Team talk

How did it go? How did the different attitudes affect the way your group worked together? Positive attitudes can really help in tricky situations and a good team member should be aware of negative feelings in the team.

The best way to sort this out is to talk it out!



# Decision Time

It will take: 10-15 minutes.

For: Rainbows, Brownies, Guides, Rangers

Practise your decision-making skills as a group and discover what type of team player you are.

## You will need

- Price list for activities
- Felt tip pens/ pencils
- Paper
- Calculator

## What to do

Your group has been asked to put on a party for a local Rainbow/ Brownie unit and you have been given £400 to spend on activities and food. Use the price list below to plan the event as a group. Make sure you all agree how to spend the money - don't forget the essentials!

### Price List

Bouncy castle hire	£100
Venue hire	£150
Ice cream for all	£50
Chocolate fountain	£60
Sandwiches for all	£80
Candyfloss stand	£50

Juices	£20
Street dance teacher	£60
Magician	£70
Face packs	£30
Skipping ropes	£40
Hula hoops	£50
Photographer	£70

## Take it further

Could you plan a real, smaller event to encourage girls to move onto the next section of Girlguiding?

## Team talk

Did anyone stand out as a leader or a decision-maker? Or did everyone feel like they played a part in the decision? Did you notice any negative attitudes in the team?

A good team will include each person in the decision-making process so that the best outcome can be achieved. Knowing when to compromise is an important skill - choosing what works best for the team and the situation, and not just what you would want, will make for a happy team and a fantastic end result!



# Friendship Bracelets

It will take: 30 minutes.

For: Rainbows, Brownies, Guides, Rangers

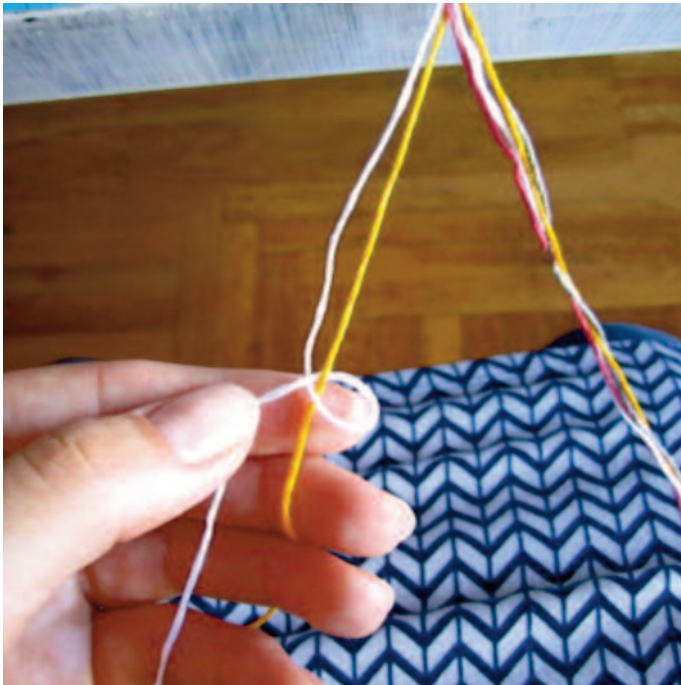
## You will need

- Thread
- Scissors
- Sellotape

## What to do

Get each girl to pick four coloured threads and to tie them together (leaving enough thread at the end to tie up the bracelet when finished). They then need to do the following steps to create their bracelet:

1. Grab the first two strands. The strand farthest to the left is going to create your first row. You'll be knotting it around the other strands of thread to achieve this.
2. Take the first strand, and pass it over the second strand, and then behind as shown in the photo. It is important you knot OVER the second strand.



3. Now hold the second strand taut, and pull the first strand up and towards the large knot. This will create a small knot on the second strand.

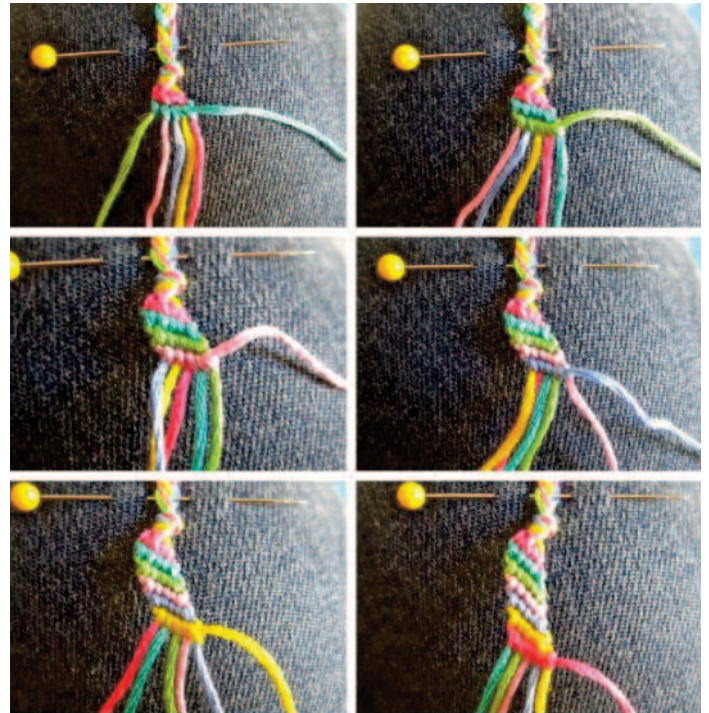
4. Make another knot by tying the first strand around the second strand again - just repeat what you did before!

5. Continue moving across to the right, using the first strand to create two knots on each strand of thread in the bracelet.

6. Once you've knotted all the way across to the right and reached the last strand of thread, begin again using the first strand on the left. Make sure you're making TWO knots on each strand.



The process should look like the pictures below.



The images and instructions can be found at <http://www.instructables.com/id/how-to-make-a-friendship-bracelet-1/step5/start-the-knotting/>

If the above is too complicated, the girls can do any other type of friendship bracelet they know - the younger girls may find it easier to plait.

## Take it further

Once the girls have finished their bracelets they can swap them with another member of their unit, or give it to the adult they've brought along to the meeting.



## It's a Wrap

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**It will take: 10-15 minutes.**

**For: Rainbows, Brownies, Guides, Rangers**

### You will need

- Newspaper
- Sticky tape
- 'Present' to wrap (this could be anything, from a book to a member of the team!)
- Blindfolds

### What to do

Divide your team in two and give one half a blindfold each. The other half is banned from using the hand they write with for the rest of this activity.

Your mission as a group is to wrap up the present, making sure everyone is included. Swap roles so that everyone has a turn being blindfolded.

Why not try the activity in smaller teams as a race?

### Take it further

Try wrapping something more complicated as a team - instead of wrapping something small why don't you try wrapping a member of the team or a chair.

You could also make this a competition between teams, judging on time taken, and success of the wrapping.

### Team talk

How well did you work as a team?  
Were you able to give clear instructions that your team members could follow?  
Did everyone listen to each other's instructions?

Ask the team to identify what they could do differently, and what worked/didn't work.

Being able to tell your teammates what you need from them clearly and confidently is a useful skill - if you or your team are confused it is difficult to achieve your goal.



## For the Visiting Adults

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**It will take: 10-15 minutes.**

**For: The Visiting Adults!**

### You will need (optional)

- Volunteering materials - see **Shout About It!** section
- Discover Girlguiding presentation
- Laptop, projector etc...

**Please see the **Shout About It!** section for helpful resources.**

### What to do

If you have sufficient leaders ask your adult visitors to join you in a different room to discuss volunteering options. You can do this in a variety of ways from talking positively about what you do and what you get out of it, asking them to talk positively about Girlguiding in the community whenever they get the opportunity, or if they'd like to get involved or know someone who would like to get involved to talk to you that evening.



**Or any of the 'Connect With The World' activities from the WAGGGS World Thinking Day 2016 pack called Connect.**



# Shout About It!

All of the activities above have been chosen to help the girls develop as individuals as well as part of a team. Adults have been invited to raise awareness of Girlguiding, so why stop there? If you send images of your evening and the below details to [pr@bedsguiding.org.uk](mailto:pr@bedsguiding.org.uk), you will not only be promoting Girlguiding but you will also get back the **Bringing You To Us badge!**

## How to get a Badge

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Send these details to [pr@bedsguiding.org.uk](mailto:pr@bedsguiding.org.uk)

What is your unit name?

When did you hold your evening?

How many adults attended?

How many adults showed interest in becoming a member of Girlguiding?

How many badges do you need?

Where do the badges need to be sent?

Enclose three best images of your evening

## Resources

Before your **Bringing You To Us** evening, why don't you get your girls to fill out a special invitation?

There is a template on page 12 that you can print and fill out.

To \_\_\_\_\_ Unit \_\_\_\_\_


The \_\_\_\_\_

Would like to invite you join them in a  
**Bringing You To Us evening**  
Come and find out what Girlguiding is all about!

Date \_\_\_\_\_ Time \_\_\_\_\_

At \_\_\_\_\_ By \_\_\_\_\_

Reply to \_\_\_\_\_



# Bringing You To Us Invitations

To \_\_\_\_\_

The \_\_\_\_\_ Unit

Would like to invite you join them in a

## Bringing You To Us evening

Come and find out what Girlguiding is all about!

Date \_\_\_\_\_ Time \_\_\_\_\_

At \_\_\_\_\_

Reply to \_\_\_\_\_ By \_\_\_\_\_



To \_\_\_\_\_

The \_\_\_\_\_ Unit

Would like to invite you join them in a

## Bringing You To Us evening

Come and find out what Girlguiding is all about!

Date \_\_\_\_\_ Time \_\_\_\_\_

At \_\_\_\_\_

Reply to \_\_\_\_\_ By \_\_\_\_\_



To \_\_\_\_\_

The \_\_\_\_\_ Unit

Would like to invite you join them in a

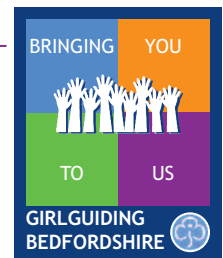
## Bringing You To Us evening

Come and find out what Girlguiding is all about!

Date \_\_\_\_\_ Time \_\_\_\_\_

At \_\_\_\_\_

Reply to \_\_\_\_\_ By \_\_\_\_\_




# Join Us Template

As our aim is to recruit adults within Girlguiding, use the template on page 14 for the adults to fill out at your **Bringing You to Us** meeting.

To aid our recruitment of leaders you could print off a couple of the forms on page 14 for the adults to fill out during your evening. If you have internet connection at your meeting place you could also bring a laptop or tablet and ask the adults to fill out the form there.

By getting adults to fill out the form, you can then add their information to **Join Us**. This then means that their information will definitely be added to our system, and you can be another point of contact for them.



**About the enquirer**

Title: Miss  Mrs  Ms  Mr  Other \_\_\_\_\_  
Gender: Male  Female   
Type of role: Leadership Role  Unit Helper  Support Role

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Date of birth \_\_\_\_\_  
Have you previously been a member in any section of Girlguiding? No  Yes   
Membership number (if known):

<b>Contact details</b>	<b>Your Address</b>
Email: _____	Address: _____
Landline number: _____	Town/City: _____
Mobile number: _____	_____
Preferred time to call: _____	Postcode: _____

**Other information**

Native Language: \_\_\_\_\_

**How did you hear about us?**

Website/search engine  Social network  Pride event  NCS Graduate/You Can Lead  Events   
Student Events  Publicity Material  Development Worker  Media  Bus Advert  Do-it.org   
Volunteer Centre  Family/ Friends  Retail Outlet  Other \_\_\_\_\_

**What is your preferred method of contact?**

Email  Phone  Post

To enable us to fully understand your needs and ensure they are met, please list any medical or additional needs that you have. \_\_\_\_\_

**What days and times are best for you?**  
(Please note: This information is to help our volunteers to identify a suitable voluntary position within your chosen guiding area).

**Where do you want to meet?**

I wish to find a role near the address supplied   
I wish to find a role in a different area

All information provided on this form will be stored securely on a Girlguiding membership database in line with the Data Protection Act 1998, and protected against unlawful or unauthorised use. It is the policy of Girlguiding that all personal information will only be used for guiding purposes.

By agreeing to the terms and condition of Girlguiding you confirm that :-

- You support the aims and objectives of Girlguiding and agree to abide by its policy and regulations.
- You agree to the information recorded here being held in a database by a person appointed as a Records Officer by Girlguiding. This information will be held in confidence.
- I understand that roles in guiding (18+) require me to complete recruitment checks which includes providing two satisfactory references and dependant on the role undertaken, a criminal record disclosure check may also be required.

• I hereby declare that all the information given above is true to the best of my knowledge.

I agree with and understand the above statement

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

REF: P14 BYTU





## About the enquirer

Title: Miss  Mrs  Ms  Mr  Other \_\_\_\_\_

Gender: Male  Female

Type of role: Leadership Role  Unit Helper  Support Role

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Date of birth \_\_\_\_\_

Have you previously been a member in any section of Girlguiding? No  Yes

Membership number (if known):

### Contact details

Email: \_\_\_\_\_

Landline number: \_\_\_\_\_

Mobile number: \_\_\_\_\_

Preferred time to call: \_\_\_\_\_

### Your Address

Address: \_\_\_\_\_

Town/City: \_\_\_\_\_

Postcode: \_\_\_\_\_

### Other information

Native Language: \_\_\_\_\_

### How did you hear about us?

Website/search engine  Social network  Pride event  NCS Graduate/You Can Lead  Events   
Student Events  Publicity Material  Development Worker  Media  Bus Advert  Do-it.org   
Volunteer Centre  Family/ Friends  Retail Outlet  Other \_\_\_\_\_

### What is your preferred method of contact?

Email  Phone  Post

To enable us to fully understand your needs and ensure they are met, please list any medical or additional needs that you have. \_\_\_\_\_

### What days and times are best for you?

(Please note: This information is to help our volunteers to identify a suitable voluntary position within your chosen guiding area).

### Where do you want to meet?

I wish to find a role near the address supplied

I wish to find a role in a different area

All information provided on this form will be stored securely on a Girlguiding membership database in line with the Data Protection Act 1998, and protected against unlawful or unauthorised use. It is the policy of Girlguiding that all personal information will only be used for guiding purposes.

By agreeing to the terms and condition of Girlguiding you confirm that :-

- You support the aims and objectives of Girlguiding and agree to abide by its policy and regulations.
- You agree to the information recorded here being held in a database by a person appointed as a Records Officer by Girlguiding. This information will be held in confidence.
- I understand that roles in guiding (18+) require me to complete recruitment checks which includes providing two satisfactory references and dependant on the role undertaken, a criminal record disclosure check may also be required.
- I hereby declare that all the information given above is true to the best of my knowledge.

I agree with and understand the above statement

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Video Support

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Some promotional videos have been created to demonstrate what Girlguiding in Bedfordshire is all about, they can be found in the below places:

### Best day of my life

<https://www.youtube.com/watch?v=Cr7GyDo8IFk>

### Girlguiding Bedfordshire - Join Us

<https://www.youtube.com/watch?v=1z-IMeLiibA>

If you use realplayer or similar you can download the videos, and will not need internet connection.

There is also a presentation on the Bedfordshire Girlguiding website volunteer page:

<http://www.bedsguiding.org.uk/index.php/being-a-volunteer>

or link to Dropbox for them is:

<https://www.dropbox.com/s/s4jg5v02ex70jz2/Discover%20Girlguiding%20Presentation.pptx?dl=0>  
(Powerpoint)

<https://www.dropbox.com/s/4ug7a51j5wfhxyx/Discover%20Girlguiding%20Presentation.pdf?dl=0>  
(PDF)

Depending on how much you want to promote our need for leaders, you could show the adults the videos or even do a little presentation for them.

## Where to get marketing materials from

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During your **Bringing You to Us** evening you could have some resources to hand out to the adults - they can be obtained as follows:

### Volunteer recruitment leaflets - 6958.

These are available in packs of 10 from trading or your local depot. These resources are free (postage and packing cost only or included free with your delivery if you are purchasing other goods). There is an order limit of 500 copies per resource, so for larger quantities you need to contact the Sales team on 0161 9412327

Or

### Girlguiding Today - 6969

A twice-yearly newsletter showcasing what we've been up to - perfect to inform people in your local area about guiding.

### Discover Girlguiding

Girlguiding's external newsletter. It's ideal for non-members such as journalists, Girlguiding ambassadors, charity directors and Members of Parliament to keep up with the organisation's news.

<https://www.girlguiding.org.uk/default.aspx?page=421>

The link to the Growing Guiding resources on the website is

[https://www.girlguiding.org.uk/members\\_area\\_\\_go/resource\\_library/growing\\_guiding\\_resources.aspx](https://www.girlguiding.org.uk/members_area__go/resource_library/growing_guiding_resources.aspx)





## Invite Girls on the Waiting list

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If you ask a leader how they got involved in Girlguiding often the answer is “I helped when my child was in Girlguiding.” Therefore, to increase the success of our recruitment drive, why don’t you invite along members on our waiting list along with an adult of their choice?

By suggesting to the parent/carer that their child may be able to have a place in Girlguiding if they get involved themselves, we may be able to recruit more leaders and expand our child membership.

When inviting the girls on the waiting list, please enforce that this is just a taster session, and that by attending it does not guarantee them a place at your unit.

### Things to Remember

Thank everyone for coming and taking part.

Check your unit meeting Risk Assessment and make any changes as necessary based on the increased numbers or activities planned. See [Guiding Manual Homepage > Supporting info > Risk assessment and accidents](#).

## Thank you

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On behalf of Girlguiding Bedfordshire we want to thank you for your involvement in this organisation. Every hour you contribute to Girlguiding helps shape the lives of a new generation, and you’re doing a wonderful job!

**Girlguiding has been running for over 100 years.**

**Let’s get as many adults involved so we can keep on going for 100 more.**



# My Favourite Things

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My favourite hobby is

My favourite holiday

The sport I like best is

My favourite film is

The yummiest chocolate bar is

My favourite CD is

My favourite colour is

The best book I have read is

The pet I like best is called

The TV programme I like watching most is

The web site I visit most is

and is a

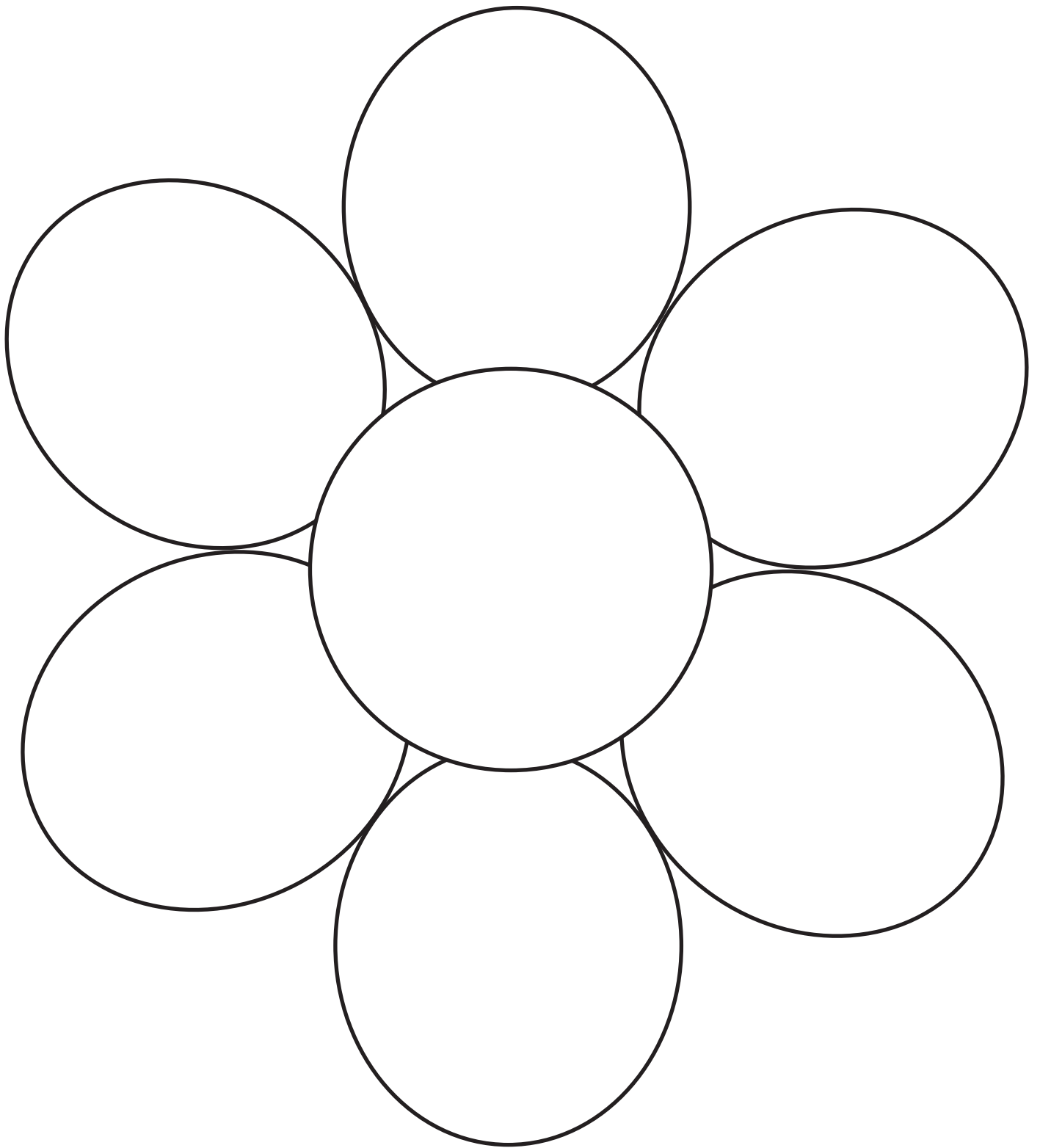
My favourite pop group is

My favourite music

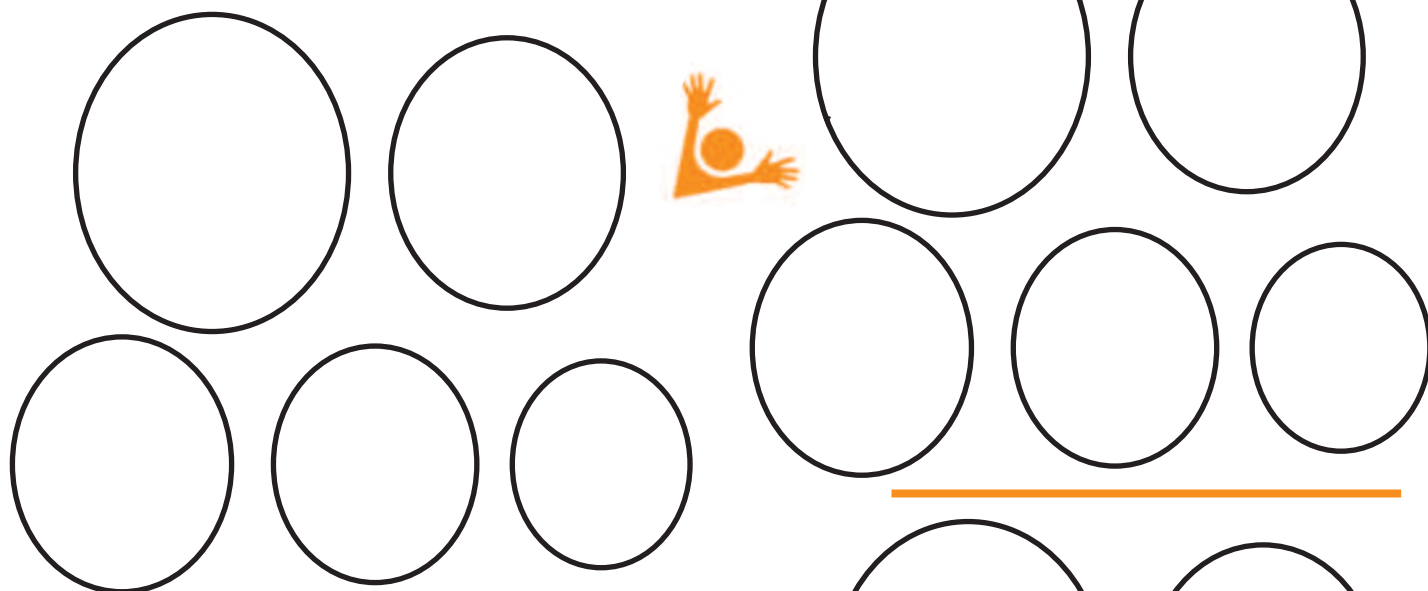
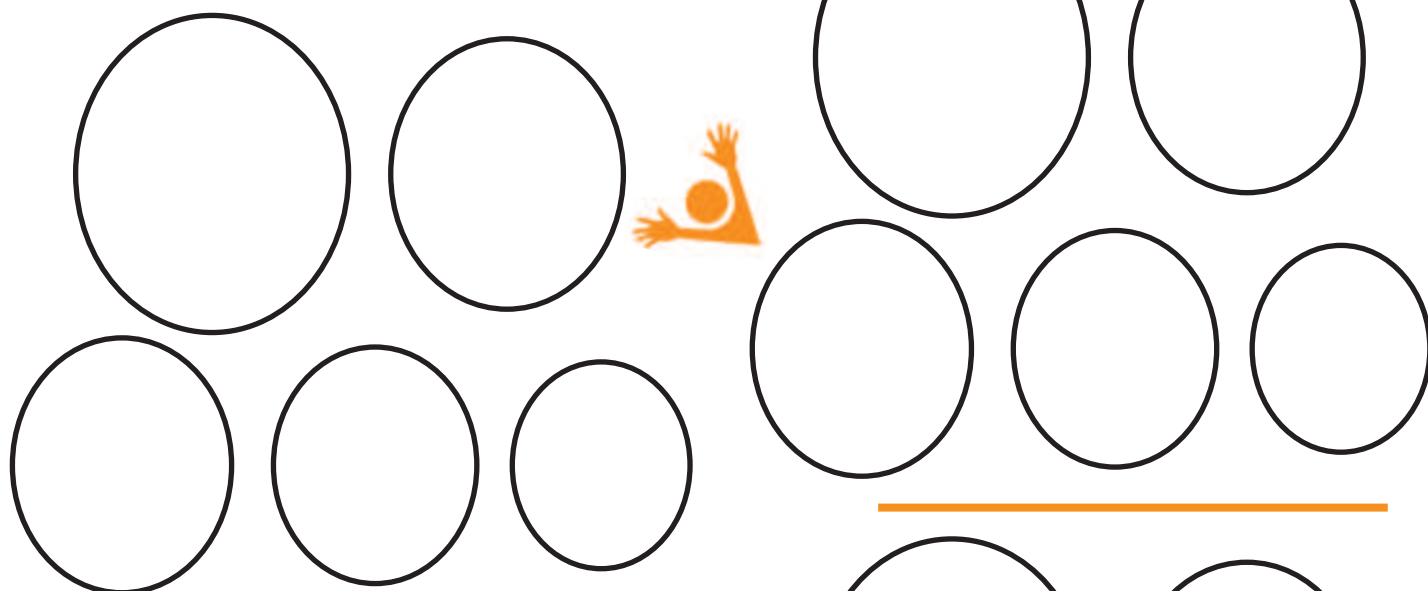
My favourite clothes are

My favourite place to go





# Only Fingers in the World



# Create a Coat of Arms

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