

Bringing you to us



Girlguiding
Anglia



A resource for unit leaders and
commissioners supporting adult
volunteer recruitment



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Introduction

We know the benefits Girlguiding has on the lives of girls and young women, and we want to make sure we can offer as many young women the opportunity to join as possible. To do this we need a wide variety of volunteers.

'Bring a friend to guides night' is a renowned way of gaining new girls to join your unit. The aim of this activity pack therefore is to do the same but with adults. Hopefully we will be able to recruit our sought-after weekly leaders, administrators, treasurers, specialist activity hosts and a whole variety of other flexible guiding roles that make our units work!

For more advice, guidance, or clarity on anything contained within this resource please contact the Girlguiding Anglia Member Support team at:

·member.support@girlguiding-anglia.org.uk

·01603 737357, option 1

·www.girlguiding-anglia.org.uk



Introducing the activity pack

This activity pack is full of ideas that can be used to raise awareness of Girlguiding, and help you increase numbers of much needed leaders and other support roles. The activities have been chosen to enable the girls to look at themselves and their role within teams through a variety of games and crafts. There are also lots of links to useful resources to help you get leaders in!

The pack is split into four sections, and the aim is to complete at least one activity from each section within one unit session. Some activities are from the official programme and others are standalone activities with full instructions. The activities are just a guide so feel free to use your own instead.



Hosting your meeting

You could hold your meeting with one or more other units if that helps with having sufficient adults and we'd also recommend inviting a local commissioner or additional leader to help with volunteer questions particularly regarding opportunities outside your own unit.

Roles to recruit for

Across Girlguiding we are looking for adults to fill a variety of roles – they do not all need to be the unit leader. When inviting the adults to your unit please ensure they are aware that they could help our movement in a whole range of ways.

Roles other than unit leader could include:

- Assistant leader
- Unit helper
- Occasional helper e.g. at residential or large scale events
- Finances
- Trainer
- Team leader/commissioner



Invitation template

Why not send out invitations to invite the adults? Girls can design their own or you can find a template at the end of this activity pack.

Pre-session resources

- Non-programme badges – Girlguiding shop webpage
- Free to order recruitment resources – Girlguiding shop webpage
- Volunteer roles in guiding – Girlguiding webpage

Badges

There is no specific badge for completing this, however should you wish to give them out we'd recommend the generic Thank You badge or section specific 'I've had/been...' badges available from the Girlguiding shop. Or you could design your own badge or thank you certificates.



Section 1 – I can

The activities within this section have been chosen to enable the girls to look at themselves and their roles within a team. You only have to choose one activity, and these are just suggestions so feel free to pick an activity that's different to those listed here.

“Everyone on a team plays a different role, depending on their strengths – and by helping and encouraging each other, you can make some inspiring things happen. Discover your own strengths with these great activities and grow as a team player!”

Whilst the girls are doing these activities, you can talk to the adults about opportunities within Girlguiding – please see the Shout About Guiding section for the resources.

Non-programme activities

Time for Tea

It will take: 15 minutes.

For: Rainbows, Brownies, Guides, Rangers

You will need

- Tea
- Coffee
- Milk
- Sugar
- Hot water
- Squash (in case adults don't like tea or coffee)
- Biscuits/ cupcakes
- Icing

What to do

Ask each girl to make their adult a cup of tea or coffee and decorate a biscuit/cupcake for them.

As they have invited the adults as a guest to experience what Girlguiding is about, let's make them feel welcome.



My Favourite Things

It will take: 10-15 minutes.

For: Rainbows and Brownies

You will need

- Print off of activity sheet from page 17
- Felt tip pens/ pencils

Take it further

Once they have filled in the activity sheet ask the girls to find other people who like the same things.

Team talk

What did the girls have in common with others? Was there anything that only they liked? Everyone is different, and that is what makes them special.



Post-it positivity

It will take: 15 minutes.

For: Guides and Rangers

You will need

- Felt tip pens/ pencils
- Sticky notes
- Paper

them describing positive aspects of their personality, or positive things they have done.

The girls can then stick all of the post-its onto a piece of paper and keep a record of all of the lovely things others think about them.

Team talk

Did the girls expect the things that the notes said? Is there anything missing that they could improve on?



What to do

Give each girl a pack of post-it notes, and ask them to write positive things about other members of the unit. Each time they write something ask them to stick the post-it on that girl. At the end of the activity every girl should have post-its on

Programme activities



Who can help? – UMA
Pack 1 – 20 minutes



Mime time – UMA Pack 3
– 30 minutes



K is for kindness – UMA Pack
2 – 30 minutes



Meal time mission – UMA
Pack 1 – 45 minutes



Section 2 – we can

The activities within this section have been chosen for the girls to work with the adult that they have brought along. This will enable the adults to get an experience of different roles within Girlguiding, and for the girls to show them what our movement is all about.

Non-programme activities

Magic Mirror

It will take: 5 minutes.

For: Rainbows, Brownies, Guides, Rangers

You will need

- Just yourself and your pair

What to do

Stand face to face with your partner. The objective of this game is to make your partner laugh. You get a point every time you achieve this. You can pull faces, smile, sulk, wiggle your

ears, but whatever you do, your partner must mirror your actions. See how long you can do this without giggling.

Take it further

You could make this a competition across the whole unit.

Who can keep a straight face the longest?



Three Legged Race

It will take: 5 minutes.

For: Rainbows and Brownies

You will need

- A scarf for each pair

What to do

The girl and her partner use a scarf to tie the girls left leg to her partners' right leg just above their ankles. The pairs then race each other to a finish line trying not to fall over. Winners have to work as a team to get the best speed.

Take it further

Why not go outside of the meeting place to race - do you have an outdoor space where the girls could do this?

Team talk

Why did the winning pair win? Was it that they communicated effectively? By ensuring that we communicate with one another our end goal is easier to achieve.



Balloon Race

It will take: 5 minutes.

For: Rainbows, Brownies, Guides, Rangers

You will need

- At least one balloon per pair
- Objects that could create an obstacle race, for example cones, hula hoops or just chairs

What to do

The girls with their partner compete against other teams of two. They each have a balloon which they have to grip between their bodies and are not allowed to use their hands. They have to get from one end of your meeting place to the other without dropping the balloon or bursting it. Winners are the ones to complete this first.

Take it further

Instead of just racing in a straight line, get the girls to race around an obstacle course.

Team Talk

Why did the winning pair win? Was it that they communicated effectively? By ensuring that we communicate with one another our end goal is easier to achieve.



Programme activities



Blast off – UMA Pack 7 – 45 minutes



Solar simulation (work in pairs) – UMA Pack 8 – 20 minutes



One good turn leads to another – UMA Pack 2 – 30 minutes



All tied up (work in pairs) – UMA Pack 4 – 45 minutes

Section 3 - the team can

The activities within this section have been chosen so that all the girls can work with each other and implement their newly gained skills in a team environment. Whilst the girls are doing these activities, you can talk to the adults about opportunities within Girlguiding or they can join in.

Non-programme activities

Tied up in Knots

It will take: 5 minutes.

For: Rainbows, Brownies, Guides, Rangers

What you will need

Nothing!

What to do

Stand in a circle in a group of 6 or as the entire unit. Every person should reach out with their left hand and hold the hand of someone else in the group. Now do the same with your right hand - you should be holding hands with two different people. Now for the challenge - try to make a circle again without letting go of each other's hands!

Team talk

How difficult was it to reform the circle? Did you have a plan as a team and did everyone get a chance to put forward a solution?

Discussing your plans or ideas as a team and inviting everyone to give their thoughts and suggestions for how they might improve it will make your end goal much easier to achieve.



It's a Wrap

It will take: 10-15 minutes.

For: Rainbows, Brownies, Guides, Rangers

You will need

- Newspaper
- Sticky tape
- 'Present' to wrap (this could be anything, from a book to a member of the team!)
- Blindfolds

What to do

Divide your team in two and give one half a blindfold each. The other half is banned from using the hand they write with for the rest of this activity.

Your mission as a group is to wrap up the present, making sure everyone is included. Swap roles so that everyone has a turn being blindfolded.

Why not try the activity in smaller teams as a race?

Take it further

Try wrapping something more complicated as a team - instead of wrapping something small why don't you try wrapping a member of the team or a chair.

You could also make this a competition between teams, judging on time taken, and success of the wrapping.

Team talk

How well did you work as a team? Were you able to give clear instructions that your team members could follow? Did everyone listen to each other's instructions?

Ask the team to identify what they could do differently, and what worked/didn't work.

Being able to tell your teammates what you need from them clearly and confidently is a useful skill - if you or your team are confused it is difficult to achieve your goal.



Make a Monster

It will take: 15-20 minutes.

For: Rainbows, Brownies, Guides, Rangers

You will need

- An outdoor space with access to leaves, stones and grasses etc...
- A large sheet of paper or a tray
- A set of numbered instructions (1-8)

What to do

In groups of 6 (made up of either girls or adults) they number themselves 1-6. The leader calls up the number 1s and they are shown the first instructions to make a Monster from the natural items.

That person goes back to their group and tells them what is needed. They all go off to find out what they need and lay it on the paper or tray. The next person then goes to the leader for the next instructions and so on until all instructions have been completed.

1. The Monster's body is a large leaf with 6 white stones (spots) on it
2. The tail is a stick with 8 blades of grass (spikes) attached
3. The legs are 4 small leaves each with 2 dark stones as toes
4. Find something round for the head and seeds or small stones for eyes and ears
5. It has 2 wings with 3 colourful stones (spots) on each
6. At the end of the tail is a flower
7. The mouth has flames coming from it
8. Give it a name

When everyone has finished the teams compare their Monsters.

Team talk

What were the similarities and differences?

How were the instructions interpreted differently?



Programme activities



Helping hands – UMA Pack 4 – 15 minutes



High flyers – UMA Pack 8 – 45 minutes



Kabaddi – UMA Pack 6 – 30 minutes



Campfire cookout – UMA Pack 2 – 60 minutes

Section 4 – shout about Girlguiding!

Once the adults have seen what your unit is all about, take it further by showing them what Girlguiding offers to girls and young women across the UK and world. Below are links to video and printed resources you can use. Make sure you have examples of all the volunteer roles available in your local area and, if signal allows, have the Girlguiding website available for adults to sign up if they'd like to find out more.

Videos

Explore Girlguiding videos (all sections) – [youtube.com](https://www.youtube.com) and search 'Girlguiding explore'

#InspireGirls as a Girlguiding volunteer – [youtube.com](https://www.youtube.com) and search 'Girlguiding #InspireGirls'

Being a Leader The Promise and Law – [youtube.com](https://www.youtube.com) and search 'Girlguiding promise'

Invite girls on the waiting list

If you ask a leader how they got involved in Girlguiding often the answer is "I helped when my child was in Girlguiding." To increase the success of our recruitment drive, why don't you invite along members on our waiting list along with an adult of their choice?

By suggesting to the parent/ carer that their child may be able to have a place in Girlguiding if they get involved themselves, we may be able to recruit more leaders and expand our child membership.

When inviting the girls on the waiting list, please enforce that this is just a taster session, and that by attending it does not guarantee them a place at your unit.



Thank you!

On behalf of Girlguiding we want to thank you for your involvement in this organisation. Every hour you contribute to Girlguiding helps shape the lives of a new generation, and you're doing a wonderful job!

We'd also like to thank the volunteers in Girlguiding Bedfordshire who created the original 'Bringing You to Us' resource and tried and tested the activities.

Girlguiding has been running for over 100 years. Let's get as many adults involved so we can keep on going for 100 more.



Appendix 1 – Invitation template

- Have fun
- New activities
- Build your confidence
- Learn new skills
- New badges

You are invited!

We would like to invite you to join us in a bringing you to us evening! Come find out what Girlguiding is all about.

To

From

Date

Time

Location

RSPV



Appendix 2 – my favourite things activity sheet



My favourite things

My favourite hobby is

My favourite holiday is

My favourite film is

The sport I like best is

The yummiest chocolate bar is

My favourite CD is

My favourite colour is

The best book I have read is

The website I visit most is

My favourite pop group is

My favourite place to go is

My favourite place to go is

The pet I like the best is called and it is a

My favourite music is

My favourite clothes are

The TV programme I like watching most is