

Moving on up



A resource to support young members to move up to the next section


Rainbows


Brownies


Guides


Rangers



Moving on up

An activity resource to help girls learn about their next step in Girlguiding. Supporting transitions between the sections.

This activity pack is intended to help girls learn more about their next section and all the activities and new opportunities they have to look forward to!

It's recommended that 1 activity must be done from each section (celebrate, learn and visit) but you can do more.

Once someone has completed the activities any of the suggested badges can be awarded by the leader of the new section they have joined. Celebrating them joining the new unit.

You can also print off the specific section page of this resource so the young members can keep track of what they have done.



What's next... Rainbows to Brownies

Celebrate Rainbows

- Have a pot of gold party.
- Tell a group of other Rainbows about something fun you have done as a Rainbow.
- Make something to show the fun things you have done as a Rainbow. This could be a scrapbook, poster or even a play.

Learn about Brownies

- Read the Brownie story (you can find this [on the Girlguiding website](#)).
- Find out what the following Brownie words mean:
 - Six
 - Sixer
 - Seconder
 - Pack holiday
 - Brownie buddy
- Try out a Brownie unit meeting activity (UMA) with other older Rainbows in your unit. You can download some for free [from the Girlguiding shop](#).
- Invite some local Brownies and their leaders to run a taster session for your Rainbow unit.

Visit Brownies

- Meet your Brownie buddy.
- Find out what a six is. What are the different sixes called in the unit you are visiting?
- Take part in an activity or game with a Brownie six.
- Take part in a Brownie unit meeting.
- Ask a sixer (or another older Brownie) about the best thing she has done as a Brownie.

What's next... Brownies to Guides

Celebrate Brownies

- Tell your unit or six about your favourite thing you have done as a Brownie.
- Make something to show the fun things you have done as a Brownie. This could be a scrapbook, poster or even a play.
- Organise and run your favourite game you have played as a Brownie for your unit.
- Visit a Rainbow unit with your leaders to run a Brownie taster session.
- Have a party to celebrate your time in Brownies.

Learn about Guides

- Try out a Guide unit meeting activity (UMA) with other older Brownies in your unit. You can download some for free [from the Girlguiding shop](#).
- Invite some local Guides or their leaders to run a taster session for your Brownie unit.
- Find out what a Rainbow or Brownie helper is.
- Using a Guide badge book, or looking on the [Girlguiding website](#), find out what interest badges you can do as a Guide. What 3 are you most excited to try?
- Find out what the Guide equivalents of these Brownie words are:
 - Six
 - Sixer
 - Second
 - Pow-wow

Visit Guides

- Take part in an activity as part of a patrol.
- Take part in a game
- Ask a patrol leader (or another older Guide) about the best thing she has done as a Guide.

What's next... Guides to Rangers

From the age of 14 you can also start your young leader qualification, taking an active and positive part in running a unit whilst developing leadership, teamworking and communication skills.

Celebrate Guides

- Run your favourite activity or game with your Guide group.
- Take the lead and run a unit meeting activity (UMA) for your meeting.
- If you have you completed your Guide camp permit or Commonwealth awards give a presentation to other Guides to encourage them to complete them as well.
- Share your experience with others, why not give a presentation or talk to a local unit or Trefoil Guild meeting.
- Make a scrapbook as a reminder of your time in Guides.

Learn More

- Find out what Rangers do at a meeting and outside of meetings. What's the difference between Guides and Rangers?
- Take a look at the Ranger interest badges on the [Girlguiding website](#). Which 3 are you most excited to try?
- Learn about 3 of the following Ranger awards and opportunities:
 - Queen's Guide award
 - Commonwealth award
 - Lead away
 - Peer education
 - INTOPS
- Take a look at the young leader qualification.

Have a go

- Have a go at a Ranger unit meeting activity (UMA) in your Guide meeting.
- Visit a Ranger meeting, camp or event.
- Ask if you can help at your local Rainbow, Brownie or Guide unit for 1 or 2 meetings to experience being a young leader.
- Organise and run an activity at a local Rainbow or Brownie unit.
- Talk with other young leaders in your area to ask any questions and learn about being a young leader.

What's next... Rangers to Inspire

Inspire is a community for women aged 18–30. As a member of Inspire you have the choice to explore several different opportunities. You can be an active volunteer or become a supporting member within your local district if you need to take a break from regular volunteering.

Celebrate Rangers

- Run an evening activity for your Ranger unit
- If you have completed your young leader qualification, camp permit, or Commonwealth awards share your experience with your unit.
- Give a presentation or talk to a local unit about your experience in guiding.
- Make a scrapbook or keepsake as a reminder of your time in Rangers.

Learn more

- The [Inspire programme](#) is made up of 7 pathways. Look into each pathway, which one sparks your interest?
- The awards that you may have heard of or started as a Ranger are still open to the Inspire community. Make a plan of how you could complete an award.
- Leading, sharing skills and empowering others are common themes within the Inspire programme. Why not share your experience in Girlguiding with girls at a local unit.
- The events you enjoyed as a Rangers still continue for Inspire members and you can now attend as a volunteer. What events are coming up in your area? Are there any you could volunteer at?
- There are many international trips the Inspire community can take part in. Whether you are a member of staff at an international jamboree (in the UK or abroad) or completing a project as part of GOLD (Guiding Overseas Linked with Development), there is something to suit everyone. Take a look into upcoming international events. Research 1 including how you would apply to take part and share this with your Ranger group.

Have a go

- Join the Girlguiding Inspire Anglia Facebook group. This will keep you up to date with the latest updates, news and events.
- Moving to a new city? Each county or region has an Inspire team. [Contact the Girlguiding Inspire team](#) in your new area to find out what events and activities they have planned.
- Take a look at upcoming Inspire events in your area. Why not look into attending an event? Talk to exiting Inspire members, what is their favourite Inspire path?



Badges

There are no dedicated badges for this resource. Let us know if this is something you'd like though and if demand is high enough the Anglia retail team will look into it.

There are lots of new badges for 2023 though and we'd recommend the 'I love' series to give members completing their transition activities as a reminder of the section they have left.



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