

Marble Drop

How many marbles can you get through the plant pot hole in one minute, using a spoon and just one hand?



Girlguiding
Anglia

Bean bag toss

How many bean bags can you get in the bucket in one minute?



Pipe cleaner hoover up

How many cheerios can you scoop up
with a pipe cleaner in one minute, using
just one hand?



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Cup tower build

How high can you build your
cup tower in one minute?



Polo tower

How high can you build your tower of polos in one minute?



Gravity game

Can you keep the balloon in the air for one minute without using your hands?



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Sweet separation

Who can separate the sweets based on their colours the quickest within one minute, moving only one sweet at a time?



Toothpick words

How many words can you spell with the toothpicks within one minute without bending or breaking any toothpicks?



Marshmallow and spaghetti tower

Who can build the biggest structure with the marshmallows and spaghetti within one minute?



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One Minute Games

'Ingredients List'

Bean Bag Toss

- Assorted bean bags
- One minute or 30-second timer
- Bucket/box

Set up:

Choose a starting point and place the target bucket a distance away from it

Polo Tower

- One minute or 30-second timer
- Table to build on
- Polos

Set up:

Unwrap the polos and place them in a bowl on the table

Marble Drop

- One minute or 30-second timer
- Table to play on
- Marbles
- Plant pot with a hole the marbles fit through
- Bowl
- Spoon
- Tray

Set up:

Turn the plant pot upside down on the tray. Put the marbles in the bowl a slight distance from the plant pot. Place a spoon alongside on the table.

Pipe Cleaner Hoover Up

- One minute or 30-second timer
- Paper plate
- Cheerios
- Pipe cleaners

Set up:

Pour some cheerios out onto the paper plate and place it on the table with the pipe cleaners

Cup Tower Build

- One minute or 30-second timer
- Table to build on
- Plastic or paper cups

Set up:

Unwrap the cups and stack them at one end of the building table

One Minute Games

'Ingredients List'

Gravity game

- Balloons
- One minute or 30-second timer
- Large open space

Set up:

Blow up several balloons so more than one person can take part and arrange a space to do the activity.

Toothpick words

- Toothpicks
- Large space
- One minute or 30-second timer

Set up:

Get the toothpicks out of the box and arrange a space to do the activity. Then set the timer and let them begin the activity.

Sweet separation

- One minute or 30-second timer
- Skittles or M&Ms

Set up:

Give each person a pile of 20-30 sweets. Then set the timer and let them begin the activity.

Marshmallow and spaghetti tower

- One minute or 30-second timer
- Big marshmallows
- Uncooked spaghetti

Set up:

Put a pile of marshmallows and a pile of spaghetti in the middle ready for the building to begin!