



Find a group near you at  
[girlguiding-anglia.org.uk](http://girlguiding-anglia.org.uk)



# Rainbows

**Girls play,  
learn and have  
tons of fun**

for ages 4 to 7



'Because of Rainbows  
she's more confident,  
speaks about her feelings  
and can express herself  
clearly'  
Rainbow parent

