

# The Leaders Toolbox



## UMA Pack 8 - Ups and downs. 30 mins Know Myself

The aim of the activity is to learn about the history of toys.

This is a great activity to do on zoom or as a home activity. You could get them to do some research into the history of toys or show some photos and discuss which toys we still play with today. There are lots of ways to make a yo-yo depending on what materials they have at home or what you can get to each of them.

Here are some options:

- The way described in the UMA uses super glue/glue gun, bottle lids, string/thread and a metal nut. You can replace the metal nut with some thick cardboard if necessary. You can also replace the hot glue used to weight the yo-yo with some blu tack or similar
- An alternative without glue is to use a bolt and 2 nuts. Put a hole through the centre of the two lids, thread the bolt through one, add a nut tighten, the other bottle cap and then the final nut, all tightened together. Options for putting the holes through:
  - Soldering iron
  - Drill, drill bit slightly smaller than the diameter of the bolt
  - Nail and hammer, make sure there is a piece of wood behind the lid while doing this
  - Carefully using a screw and screwdriver to put a hole through
- If you can't get hold of bottle lids, you could make the yo-yo entirely from layers of cardboard stuck together but you will likely need to weight it with some glue (could be glue dots) or blu tack

