

MILES FOR MACMILLAN

Miles for Macmillan is an easy way to get your unit involved and a chance for you to get creative or active. From running to space hoppers, swimming to eating a mile of spaghetti - the choice is yours! Either get sponsored or make a donation to take part - and don't forget to order the badge.



FUNDRAISING IDEAS

Here are some ideas we've come up with, but feel free to think of your own ideas too – and remember, you can always call us on 0300 1000 200 or email fundraising@macmillan.org.uk if you'd like to talk about any ideas you have.

A mile of...

- Space Hopper Bouncing
- Swimming
- Pennies
- Cycling
- Roller Blading
- Spaghetti
- Dog walking
- Knitting
- Three legged run
- Paperclip chain
- Egg and spoon relay
- Skipping

SENDING IN DONATIONS

When you've taken part in Miles for Macmillan you'll need to send your contributions to Girlguiding Anglia for processing by paying all monies onto your unit bank account and sending a cheque made out to 'The Guide Association Anglia' indicating Macmillan challenge on the reverse and sent to the address below. The cheque should be sent along with a Funds Raised Form and for sponsored activities sponsorship forms should also be included to allow Gift Aid to be processed. Please do not send cash in the post. All monies and sponsorship forms for the Dress Up & Dance need to be received by Girlguiding Anglia no later than two weeks after your event.

Please send your Funds Raised Form and cheque to The Macmillan Challenge, Girlguiding Anglia, Anglia Region Office, 7 Great Hautbois Road, Coltishall, Norwich, NR12 7JN

Together with

**MACMILLAN
CANCER SUPPORT**

Anglia



WE DISCOVER, WE GROW

Girlguiding